



INDIVIDUALS

- | | |
|---|----|
| Risen Acai Bowl (G, V, N, D) | 55 |
| Organic homemade granola, acai berries, peanut butter | |
| Cacao Acai Bowl (G, V, N, D) | 55 |
| Acai, banana, cacao powder, dragon fruit, kiwi, mango, organic homemade granola | |

GOURMET SANDWICHES TO DIE FOR

Served on freshly baked artisanal breads, with house crisps

- | | |
|---|----|
| The Baker's Beef (D, G) | 65 |
| Roasted sirloin, horseradish, caramelised onion, roquette, emmental, rye ciabatta | |
| The Brie-L-T (G, D, V, N) | 50 |
| Ciabatta, avocado, Brie cheese, tomato, Boston lettuce, basil pesto, ajvar sauce | |
| Roasted Miso Chicken (D, G, E) | 50 |
| Focaccia, braised onion, Edam cheese, Boston lettuce, teriyaki mayo | |
| Upstream Bagel (G, D, S, R) | 60 |
| Smoked salmon, dill cream cheese, cucumber, pickled onion | |



(D) Dairy (G) Gluten (VG) Vegan (V) Vegetarian (N) Nuts (S) Seafood (E) Egg (R) Raw Ready to eat
All prices are in AED and include 5% VAT, 7% municipality fees and 10% service charge.

switch

Local, sustainable and delicious plant-based meat alternatives.

Consumption of undercooked meat, seafood or poultry products such as eggs may increase your risk of food related illness.